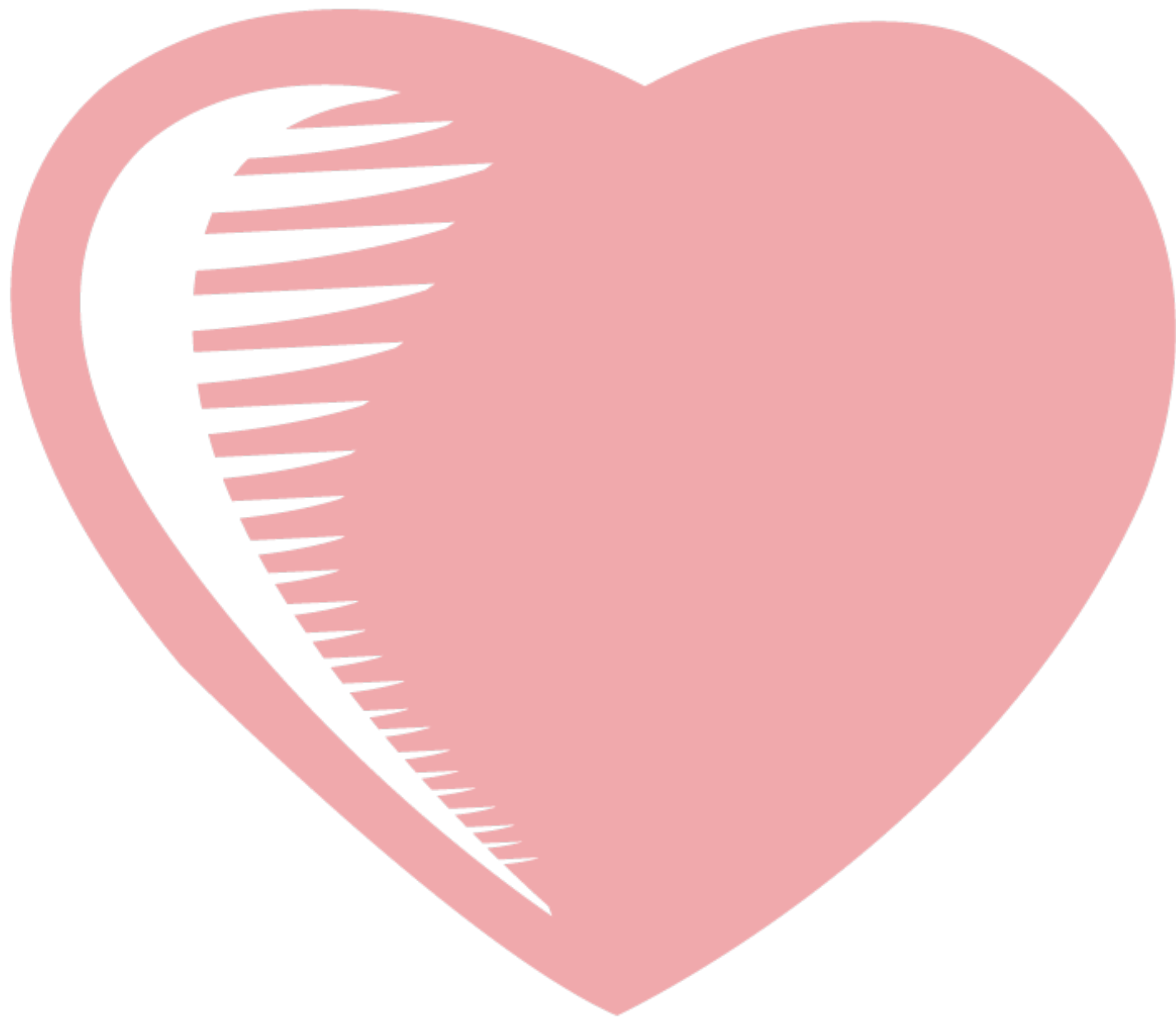




30 Days of Philanthropy

Are you ready for a month of inspirational impact? Building off of our Project Heart philanthropy program, our 30 Days of Philanthropy activities encourage daily acts of philanthropy. As we walk through the month, we learn that simple acts of kindness and giving back add up and make larger impact! Participating is easy - simply follow the prompts and engage in the daily activity. Share your learnings using #projectheart!

30 Days of Philanthropy

heart

 1 Tell someone else what philanthropy is!	 2 Identify your 3Ts and share it with your family and friends.	 3 Use your time to call a loved one to ask how they are doing.	 4 Use your talent to write and/or draw a card for someone you appreciate. Bonus – mail it!	 5 Donate some treasure (gently used sports equipment, books, clothes).	 6 Are you an expert in coding? Do you love math? Tutor a sibling, friend or relative and share your passions and expertise!
 7 Read Berenstain Bears Think of Those in Need , then write down one need you've seen in your community.	 8 Choose a chore another family member usually does and get it done before them!	 9 Find a nonprofit in your area (start with United Way if stuck), and reach out to see what they need.	 10 Learn about peace greetings and make up your own.	 11 Take turns to create your heart , post online or send to someone.	 12 Find a local event in your community and see how you can volunteer to help make it successful.
 13 Grow something! This can beautify a common area or even feed hungry neighbors.	 14 Be Internet Awesome and learn how to be a giver safely online!	 15 Put away a neighbor's trash can and recycle bin after sanitation day.	 16 Create a Kindness Passion Project .	 17 Create your own mission statement!	 18 Make treats, toys or blankets for your local animal shelter .
 19 Create a care bag for a homeless person with some snacks, gloves, soap, toothpaste, and maybe a gift card to a grocery store.	 20 Create a family service project and bring it to life together.	 21 Use your TALENTS to create a virtual talent show and, with your parent's permission, share on social media!	 22 Learn a new game then teach someone in person or online.	 23 Be a pen pal to learn more about someone else's life in a different. What do they do to give back? What needs do they have in their communities?	 24 Create a blessings box for your neighbors with snacks and cleaning supplies.
 25 Write a list of compliments you can give about personal attributes, not about clothing or physical traits and share one compliment with someone.	 26 Learn more about a different country and find out what their biggest needs are (education, hunger, housing). Then make a list of ways you could help solve one or more of those needs.	 27 Do you have someone in your life that you don't usually get along with? Break that cycle by doing something kind for them.	 28 Invention day! Identify a need you see in your community or our world and invent a cool solution!	 29 Research our world's famous philanthropists like Gandhi and Mother Teresa and make a list of ways they gave back. Bonus points: Categorize their actions by TIME, TALENT and TREASURE!	 30 Reflect and share your activities. You just spent 30 awesome days learning how anyone can be a philanthropist. Now it's time to share your newfound knowledge!



How did your month go? Let us know! Share your the outcomes of your activities on social media using #projectheart!