Your Sweet Heart

What makes your heart happy? Your family and friends? Your pets? What are some things you see in your community that make your heart happy? What are things you see that make your heart sad? Our hearts are big muscles that are capable of showing so much love and empathy. And what we carry in our hearts usually helps us decide how we want to engage with the world around us. This is what makes us philanthropists - our big, sweet, beautiful hearts!

Using the candy cane heart, think about three things: something that makes your heart happy, something that makes your heart sad and something or someone you want to help. Don't forget to color your candy cane heart and hang it up as a reminder of how big and sweet your heart is!

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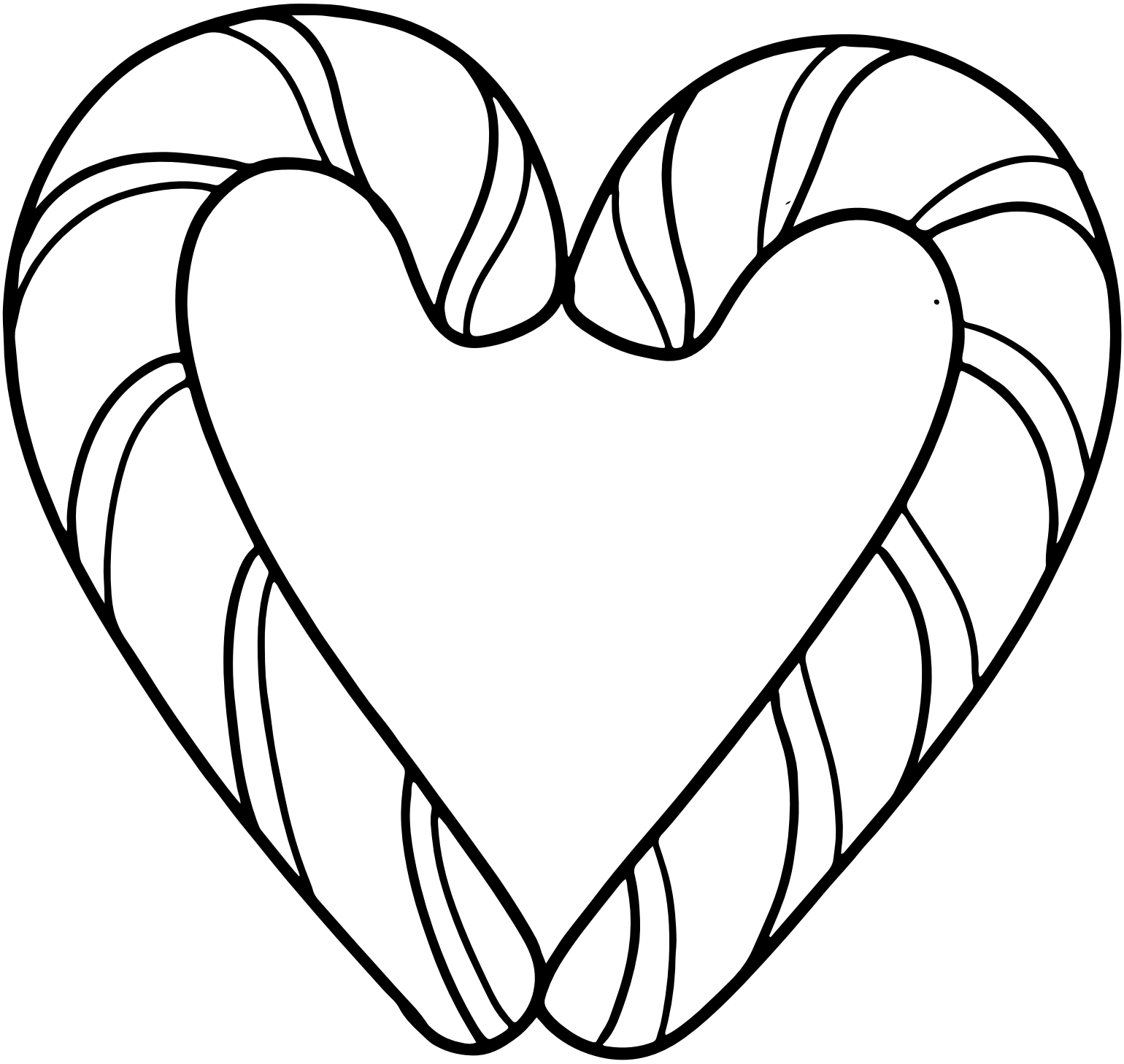

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