The Best Gift

When you think of a gift you've gotten, what has been your favorite? Why was it so important to you? Sometimes the best gift we can give is the gift of time. And time is something that we all have. What makes time so important is that we all have the same amount of time in the day which means we all have the ability to use our time to give back to others.

Time is a precious resource because we have so many things that we want to give our time to - school, family, friends, playing. But when we give our time to help others in need, we are investing in ourselves in something important and doing good at the same time! Using the present below, write out three ways you can use your time to help others. You could spend time picking up trash in a park or playground; you could use your time to visit residents at a retirement home; or you could even use your time to volunteer at a local nonprofit with your parent or trusted adult. However you choose to use your time for good, you are making a difference. And that is the best present to give and receive!

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