



## High School Project Heart Preview Lesson



### Learning Target

- Students create a plan using personal passions, mission statement, 3Ts and career interests to set goals for making a philanthropic impact.



- Time: 20 Minutes

### Lesson Overview and Teacher Prep



- **Connect (5 min):** Show this video clip <https://youtu.be/sthomKttUu0> (3:12) or another of your choosing that prompts students to think about what is important to them, their passions, interests and career goals.
- **Engage (10 min):** Use artistic expression to create an inspiring mission statement for a gallery walk.
- **Leave Changed (5 min):** Participate in a gallery walk to share mission statements, then individual short-term goal-setting that aligns with mission statements.



- Materials Needed: 3Ts & Mission Mini Lesson worksheet, poster paper or device for digital poster
- Document student progress by posting pictures, videos, stories, and “a-ha” moments to Facebook, Instagram, YouTube, and Twitter @ottercares #projectheart



### Connect

- Play <https://youtu.be/sthomKttUu0> (3:12); explain to students that the boy in the video likes to write and draw, and the phrase “chocolate bar” is now being used to replace the words “that’s so cool”, which led to the name of the book.
- Ask students to write in the Connect portion of their worksheet some of their interests/hobbies/talents and career goals. After one minute, call on 2-3 students to share their responses. **[TEACHER TIP]** Use this [warm-up to discuss the difference that an individual can make](#).

### Engage

- Explain to students that if you do what you love, you will feel like “work” is fun. Combining their talents, passions, career interests and philanthropy, they can lead others by example and have a purposeful life. Discuss some example mission statements you’ve gathered.
- Walk the room to observe work, allowing up to five minutes for this part of the activity.
- As students complete this portion of their worksheet, pass out a poster paper to each student and explain that students should display their mission statement on their poster paper in a way that shows their creativity and encourages others to join their cause. **[TEACHER TIP]** Students can [create digital posters rather than paper if desired](#). Be sure to further explore differences that individuals and small groups can make.

### Revised Mission Statement - SAMPLE

*I want to help children with my talents and skills of coaching sports, because I probably would have been in loads of trouble if it wasn't for sports. I can do this in my career as a P.E. teacher and high school athletic coach with the consistent action of making sure that kids on my team feel valued, learn skills, have fun, and stay out of trouble.*

### Leave Changed

- Ask students to take about two minutes to walk the room and look at several of their peers’ mission statements.
- Allow 1-2 minutes for this gallery walk, and then ask students to write steps they will take towards their mission statement. They should write this in the Reflection for Action portion of their worksheet. **[TEACHER TIP]** Use this [reflection for action to discuss the difference that large groups can make](#).





### Connect

What are some of your talents and career goals? Today we will work to align what makes you unique to philanthropic efforts.

Interests, talents and hobbies	Career Goals
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

### Engage

Write a mission statement that incorporates your talents, interests, vision, and career goals.

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

### REFLECTION FOR ACTION

If your mission statement is your overall goal, what are your steps to get there?

This week: \_\_\_\_\_

This month: \_\_\_\_\_

This year: \_\_\_\_\_

In 5 years: \_\_\_\_\_



### **Leave Changed - TODAY I COULD:**

- Make a list of how to use my talents and career goals to create a philanthropic impact.
- Show the adults in my life what daily philanthropic efforts look like with actions, not just talk.
- Share my mission statement with the Project Heart community by posting to Facebook, Instagram, YouTube, and Twitter @ottercares #projectheart

