projectheart



Educator's Guide Upper Elementary

The smallest deed is better than the greatest intention – John Burroughs

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LETTER TO THE TEACHER

Dear Fellow Educators,

We are so excited that you have decided to join the Project Heart community. This program goes beyond traditional classroom lessons, fostering emotional intelligence, empathy, and a desire to help others.

Project Heart empowers students to become active philanthropists, using their time, talent, and treasure to address local and global needs. It gives students the opportunity to identify their passions and find what tools and power they hold to make a significant difference in the world. It's more than just fundraising; it's about collaboration, critical thinking, and building skills that will last a lifetime.

- Building Compassionate Leaders: Project Heart plants the seeds of philanthropy early, leaving a lasting impression on students' desire to make a difference throughout their lives.
- Social-Emotional Learning: The program fosters empathy and understanding, providing valuable SEL opportunities crucial for well-rounded development.
- Real-World Problem Solving: Students apply critical thinking skills to solve real-world problems, extending learning beyond textbooks.
- Student Agency: Project Heart empowers students with agency over their learning, allowing them to choose causes they care about and develop solutions.

We saw firsthand Project Heart transform the learning environments in our classrooms. Students were the drivers, actively engaged, brainstorming ideas, collaborating with peers, and taking ownership of their impact. Project Heart gives teachers the opportunity to take a back seat and simply facilitate as students become the driving force of change. We saw students grow in their leadership and passion for helping others. The students took action and couldn't believe their positive impacts on local nonprofits. Members of our learning community are still talking about the impact and passion the students had/have for making a positive difference. This program elicits a spark in kids, and champions them to take initiative anytime they see a use for their time, talent, and treasures.

We encourage you to explore Project Heart. This program has reignited our passion for teaching. It is all about providing students with the opportunity to discover their own power and potential to change our world as young philanthropists. It's an enriching program that aligns perfectly with developing well-rounded individuals who are academically strong, compassionate, and driven to make the world a better place.

Enjoy your next adventure,

Tenae Jones (Gifted and Talented Coordinator)

Hollie Johnson (4th grade teacher)

Kelsey Sutliff (4th grade teacher)

Kris Odenbaugh (4th grade teacher)

Krislyn Molander (4th grade teacher)

Janelle Joers (retired middle school teacher)

Denise Brink (K-8 STEM Coordinator)

GETTING STARTED

Project Heart is packed with resources that will help you make philanthropy a part of your everyday conversation with your students. And the best part? YOU get to decide what the journey looks like for your classroom.

So what's all in store for you in this guide? Five lessons, instructions for three ready to go service kits, a service project planning tool kit, and questions for our book, *Unstoppable!* - all to help guide you through the Project Heart journey.

Remember - this is your story. Want just a sprinkle? Great! Pick your favorite lesson or show your students how easy giving back can be with one of our ready to go service kits. Want to go all in and go start to finish? We love that, too!

We're passionate about helping students bring their ideas to life. If your classroom is inspired and ready to give back, we've included a tool kit to help you make sure you've thought of everything!

But wait! There's more...

We know that sometimes the best ideas need a little support. That's why we created our Illumination Fund. Your students can apply to receive a matching grant for a fundraiser, a materials grant to purchase supplies for an event, a matching grant for a collection drive, and even field trip funds to visit a nonprofit they're interested in learning more about! We're on this journey with you, so let's show kids how powerful giving back can be!

HOW TO ACCESS THE MATERIAL

Please follow the instructions below to access all of your Project Heart material:

- Create/log in to your Project Heart account at <u>www.myprojectheart.org</u>
- In the Project Heart Content dropdown, select Upper Elementary
- This landing page will provide you with a number of links:
 - Educator Resources:
 - Educator Guide an electronic version of the full Project Heart teacher guide.
 - Downloadable version of Unstoppable! COMING EARLY 2025
 - Zip file to download all material for all five lessons and the service project toolkit at once (you can download material for individual lessons within each lesson page).
 - Separate landing pages for each of the five lessons, ready to go service kit instructions, and service project planning toolkit
 - Within each individual lesson you will find that specific lesson plan, presentation slides, downloadable student activity worksheets, etc., giving you the option to download just the lesson(s) you need.

LESSON OBJECTIVES

Our goal with Project Heart is to create an experience that helps build a strong foundation of giving in young people. The first four lessons provide students with a basic understanding of philanthropy. If you are planning a class service project, the fifth lesson helps you narrow down all the powerful ideas and ways your students want to give back to just 1-2 service projects.

LESSON ONE: WHAT IS PHILANTHROPY?

Identify ways people contribute to the community. Introduce the 3Ts of Philanthropy.

What is the difference between needs and wants?

LESSON TWO: WHO ARE PHILANTHROPISTS?

Discuss the role of a philanthropist in a community. Hear from a philanthropist in-person or in provided videos!

LESSON THREE: WHAT ARE NONPROFITS + WHAT AM I PASSIONATE ABOUT?

Learn about nonprofits and the work they do in communities. Learn how to identify needs in a community. Think through personal passions and create mind maps to better understand how the things you're passionate about can translate to making a difference.

LESSON FOUR: WHAT IS A MISSION STATEMENT?

Create personal mission statements by linking personal passions with goals to make a difference.

LESSON FIVE: WHO CAN WE HELP?

**To be completed if your class will be planning a service project

Determine as a class who you would like to help (animals, kids, the planet, etc.) and what nonprofit you can partner with!

READY TO GO SERVICE KITS - COMING EARLY 2025

How can you easily show your students what philanthropy is? Check out our three

ready-to-go service kits!

1. <u>Planting the Seed: An Acorn of Kindness</u>

Students will use their time, talent and treasure to personalize two wooden acorns - one to keep and one to give away as part of a ripple of kindness. Students will write kind messages on their acorns by using sentence starters or coming up with something on their own. 2. Crafting Gratitude: Being Thankful Every Day

Students will use their time, talent and treasure to design a gratitude jar to share with family members, friends, or service providers. This lesson is meant to remind students all there is to be thankful for and all the ways they can show gratitude to others.

3. Handwritten from the Heart: Creating Kindness Cards

Students will use their time and talents to create a written card or letter for someone who may be experiencing social isolation. A list of possible nonprofits to send these to are provided within the kit!

PLANNING YOUR OWN SERVICE PROJECTS

Feeling inspired to make a difference? Take the next step in the philanthropic journey and plan your own service project! Lesson Five will help your class narrow down who they want to help. After you determine who you can help, the next step is to find out how you can help.

In need of financial assistance to pull off your project? No problem. We offer students the opportunity to apply for our Illumination Fund, which provides up to \$500 to help bring projects to life. More information can be found in the Illumination Fund section in this guide and on our website: <u>https://myprojectheart.org/illumination-fund</u>

Our Project Ideas page on our website can help inspire you and your students to identify who you want to help, examples of past projects, books that relate to your project category and much more! Check out this page at https://myprojectheart.org/member/project-ideas.

We are here to help guide you through the project planning process! Please reach out to our team with any questions or guidance.

Also provided in this guide to help you plan a service project is:

SERVICE PROJECT TOOL KIT

• Take home letter - English and Spanish

- In-person and phone donation request script
- Email donation request script
- Letter to the principal
- Sample timeline
- Sample budget
- Nonprofit informational interview questions

ILLUMINATION FUND

PROJECT HEART INTEGRATION

We believe that Project Heart has the power to unleash the maker, doer and giver inside of every student and we want to invest in their ideas that have the power to transform their communities. That's why the Illumination Fund was designed specifically to support student-led projects that come from their Project Heart experience.

FOUR TYPES OF ILLUMINATION FUNDS

- Materials grant: A grant of up to \$500 to purchase supplies for a service project. (Ex: cleanup day, luncheon fundraiser, lemonade stand, etc.)
- **Matching grant:** The OtterCares Foundation will match up to \$500 raised by a student-led fundraiser to benefit a 501c3 nonprofit organization.
- **Collection drive match:** The OtterCares Foundation will make a donation to the nonprofit your project benefits based on the number of items you collect.
- Field trip fund: The OtterCares Foundation will reimburse the cost of transportation for a field trip to a local nonprofit organization. NOTE: Field trip requests will only be considered if there is a corresponding service project with the same nonprofit organization.

GENERAL REQUIREMENTS

If funded, the grant must be paid to the school or to a 501 (c)3 nonprofit organization. OtterCares has set a limit of two applications per class per school year. For nonprofits, two applications per program per calendar year will be considered. If you have more than two projects in your classroom, please use an internal vetting process to select the best projects for submission to OtterCares.

Check out our Illumination Fund at https://myprojectheart.org/illumination-fund

Q&A

Why should I use Project Heart?

Today's social climate is transforming the way young people see their place in the world. Rather than be in a sit-and-get environment, students are yearning for the opportunity to be a part of a solution to problems that they are seeing in their homes, schools, communities and the world. Educators like you have a unique opportunity to help students harness their desire to create change by encouraging them to channel their passions into real-world solutions through hands-on projects that help students develop their voice while teaching them that they are valuable and powerful people. Teaching students philanthropy is more than just teaching them to give - philanthropy provides students with the opportunity to own their education by spearheading impact projects with their peers that have tangible impact. Students gain valuable work and life skills such as collaboration, empathy, grit, problem-solving and more that will help prepare them for careers and instill the value of being a change-maker for the rest of their lives.

What should I do if I don't have time for a full lesson?

Many of our lessons can be broken into two parts, allowing you to spend whatever time you have to give to Project Heart. We have also created a book list that you are welcome to utilize as needed. Feel free to swap a lesson for a book and add in some discussion questions afterwards!

Is it required that I do both the ready-to-go service kit(s) and our own service project?

Our goal for providing the ready-to-go service kits is to help make philanthropy more attainable for teachers and students. If the service kit is all you have time in your schedule for, that's more than fine! We want this to be a fun experience for you and your students and hope that you do what is best for your students and your environment.

How do Lincorporate Unstoppable! 15 Inspiring Stories of Kids in Philanthropy into the lessons?

You are welcome to read the stories in any order, and can use the book as a whole class read aloud to kick off a lesson, or as individual reading time. Stories in the book are also available online.

Are there digital resources available?

Everything in this guide is also accessible on our website, in addition to presentation slides, numerous additional resources, and digital versions of student activities. Check out our website at <u>www.myprojectheart.org</u>

How many lessons do I need to implement?

One of the really great things about Project Heart is the flexibility in which you present the material to your students. There is no expectation of a minimum or maximum number of lessons that you should present. If you choose to implement each lesson in its entirety - that's great! If you have an existing philanthropy/leadership curriculum that you use and you plan to use parts and pieces of Project Heart to amplify what you're already doing - that's great, too!

Is there a specific order that I need to follow when implementing lessons?

No! These lessons were created to be foundational philanthropy lessons with an added service project toolkit that will help your students plan and execute a successful service project. Though following the lessons in numerical order works great, the way in which you choose to move from one lesson to the next is completely up to you!

Where can I find past project examples or nonprofits to give us an idea of some direction?

We've put together a list of past project ideas as well as a list of nonprofit profiles to help spark inspiration! Though we can't include every nonprofit from every community, our hope is that a few organizations you see listed might help you think of a few in your area. You can find this page on our website at: https://myprojectheart.org/member/project-ideas

Are there core lessons you recommend that I present to my students?

Though the lessons you implement are completely up to the needs of you and your students, we recommend that you present Lesson 1 – What is Philanthropy? to provide your students a baseline understanding of the work they are doing.

My students' service project(s) cost money.

Is there a way you can help with that? Yes! Our Illumination Fund was created specifically to support student-led projects that arise from the implementation of Project Heart. We accept two applications per class per school year. For nonprofits, we accept two applications per program per calendar year. This grant is written by your students and sent to OtterCares to request up to \$500 for materials, cover transportation costs for an educational field trip to a nonprofit of their choosing, or to match funds raised for a fundraiser or collection drive. The Illumination Fund application can be found on our website. For more information, check out https://myprojectheart.org/illumination-fund

MASTER LIST OF MATERIALS

Name of material	Name of material	Quantity	Lesson Used
Guide	Provided in kit	1 guide	All
Unstoppable! Book - COMING EARLY 2025	Provided in kit	5 books	All
Vocabulary Flashcards (Optional)	Digital download	17 optional vocabulary cards	1-5
'Philanthropy' Flashcard	Digital download	1 set	1
Philanthropist Interview Sheet	Digital download	1 per student	2
I am a Philanthropist Inventory Sheet	Digital download	1 per student	2
Nonprofit Research Activity Sheet	Digital download	1 per student	3
Mind Map	Digital download	1 per student	3
My Personal Mission Statement Mad Libs	Digital download	1 per student	4
Our Family Mission Statement Mad Libs	Digital download	1 per student	4
My Little Book of Philanthropy	Digital download	1 per student	4
What's in Our Project Heart poster - COMING EARLY 2025	Provided in kit	1 poster	5

Paper acorn cut outs - COMING EARLY 2025	Provided in kit	1 per student	5
Wooden acorns - COMING EARLY 2025	Provided in kit	2 per student	Service Project 1
Kindness bookmark - COMING EARLY 2025	Provided in kit	1 per student	Service Project 1
Cardboard gratitude jar - COMING EARLY 2025	Provided in kit	1 per student	Service Project 2
Gratitude Conversation Starters - COMING EARLY 2025	Provided in kit	8 cards per student	Service Project 2
Customizable gratitude slips - COMING EARLY 2025	Provided in kit	8 blank slips per student	Service Project 2
Blank cards - COMING EARLY 2025	Provided in kit	2 per student	Service Project 3
Envelopes - COMING EARLY 2025	Provided in kit	2 per student	Service Project 3
Encouragement Cards - COMING EARLY 2025	Provided in kit	1 per student	Service Project 3
Project Heart Sticker - COMING EARLY 2025	Provided in kit	1 per student	





Learning Targets

• Students will be able to identify ways other people contribute to their community



Time

• 50-60 minutes - Can be broken into two 25-30 minute lessons if needed



<u>Materials</u>

- On screen presentation available in PowerPoint and <u>Google Slides</u>.
- ¼ sheets of blank paper one for each student in your class. You can also use our <u>Project Heart cards</u> linked in the lesson!
- 3-6 pieces of blank paper or chart paper.
- Optional Alternate Activity material 5" colored squares of paper.
- Flashcards to be used throughout the program.



<u>Overview</u>

- Warm-Up 5 minutes Students focus on a brainstorming session with the whole group about how it feels to give, and what their best memories are of receiving a gift.
- Lesson Includes 40 minutes
 - Define the following terms: need, service, philanthropy, 3Ts (time, talent, treasure).
 - Students work in groups to discuss the needs relative to families, schools and communities and the services that could be provided.
 - Students work in small groups to brainstorm ways to give time, talent and treasure to family, school and community.
- Exit 5 minutes Students write about how philanthropy and the 3Ts could look in their lives.



Looking Ahead:

 Lesson 2 includes the opportunity to learn about philanthropists by watching videos or interviewing a local philanthropist. If you choose to interview someone in person, a list of questions your students can ask are provided within Lesson 2 on the Project Heart website. You may also want to allow time before the next lesson for students to come up with questions of their own.

Warm-Up Activity:

projectheart LESSON 1 - WHAT IS PHILANTHROPY?	Tell the class that today they are going to start on a journey that will help them better understand what it means to give back to their community.
Warm-Up Activity: 9. Take one blank sheet of paper 19. Take of ever minutes to write a kind message to your 19. Take of ever minutes to write a kind message to your 19. What are they really good at? 10. Dat hey heg you with something lately? 10. Once you are finished, give your note to your partnet 10. Once you are finished, give your note to your partnet 10. Once you are finished, give your note to your partnet 10. Dat hey heg your note to your partnet 10. Once you are finished, give your note to your partnet 10. Dat hey heg your note to your partnet 10. Dat hey heg your note to your partnet 10. Dat hey heg your note to your partnet 10. Dat heg your partnet 10. Dat hey heg your note to your partnet 10. Dat heg your partnet 1	Today we are going to learn about giving to others. We are going to start by giving something to our classmates. You will each receive a blank sheet of paper (or card). What I would like you to do is write a kind message on it to give to a classmate. Try to be specific and encouraging to each other in these notes. This is your gift to them today! Determine the best way to ensure every student in the classroom gives a note away to someone in the room and receives a note from someone else. Allow 10 minutes of work time.

Vocabulary: Giving, Need, Service

What do you know about CIVING? How does if feel to give? How does if feel to receive?	We all just practiced giving by writing a kind note to a classmate. What do you know about the word give ?
Discloward Definition Gwing - to present volunionly and without expecting compensation.	Giving means to offer something to someone without expecting anything in return.
	Who can share a time they gave something to someone?
	Turn to the person next to you and share about how it feels to give something to someone. Maybe share an example of a time you gave someone a gift.
	Now share about how you've felt when someone has given something to <u>you</u> . How did you feel?
	Optional Extension Activity: Use colored 5" squares of

	paper and have each student write words, definitions or examples of "giving", and make a collage or class bulletin board. This allows for a permanent reminder of the work done around giving, while providing a group project that lends itself to sharing and building relationships with others.
What do you know about NEED? What needs do we have? What needs do we have? pr-jecthcart Need-to require.to re March needs to require.to re	Now let's take a moment and talk about need . What is a need, and how are they different from wants? What are some examples of needs that we have? A need is something that is required or necessary. A need is something that we can't survive without.
	Other than our basic needs - shelter, clothes, water, food, oxygen - what other needs might we have? Answers might include: shoes, toothbrush, car, entertainment, love, family.
	Let's go through a couple of examples and talk through as a class whether what's on the screen is a need or a want.
SHELTER	Examples are: shelter, toys, clean water, clothing + shoes, <u>expensive shoes - have a conversation around whether</u> <u>someone NEEDS an expensive pair of shoes,</u> and medical care.
What do you know Image: Construction of the poly of the	You are all capable of great things in your lives, and it's up to you to choose HOW you will use your talents (the things we're good at) and passions (the things we love) to serve others in your family, school and community.
	Service is the act of helpful activity. Who in the class has done something helpful for someone before? It could be a friend, classmate, neighbor or family member.

Activity: Groups to discuss the needs they identify in families, schools, and communities and the services that could be provided - 10 minutes

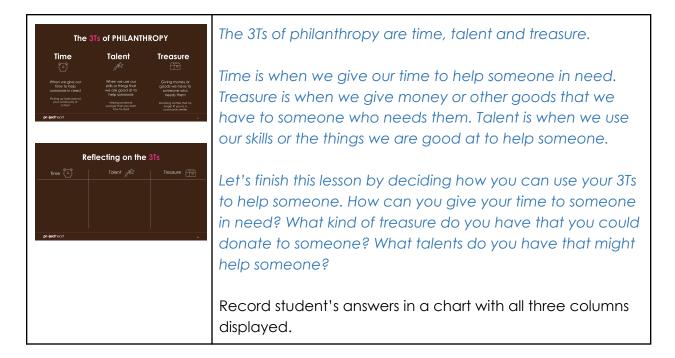
What do you know about NEEDS of Families, Schools and Communities?	Tell the students that they will now work on an activity where they will practice identifying a need in the community and a service that will fill that need.
What do you know about NEEDS of Families, schools and Communities? Name Service/What would help? Image: Service within the serv	Listed on the screen are three needs - one family need, one school need and one community need. Divide the class up into as many groups as are appropriate in your classroom and assign each group a need. Give groups a blank sheet of paper to write services or things people could do to help their assigned group. Example answers could be: Family - Food bank, neighbors could offer to donate their food to them, etc. School - Parent volunteer, student volunteers, etc. Community - Community shelter

Vocabulary: Philanthropy

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What is pulsarily and the pulsarily of the	Philanthropy is the process of giving back. The act of donating money, goods, services, time or effort to support a cause and create a lasting impact. How is philanthropy more than money?

	How else can you give?
	What were some of the examples that the people in the video gave for how philanthropy made them FEEL?
Let's learn about some student philanthropists JUST LIKE YOU! Prijectheart Prijectheart Prijectheart Prijectheart	Let's watch as 4th grade students practice being philanthropists by raising money for an organization in their community!

Conclusion:

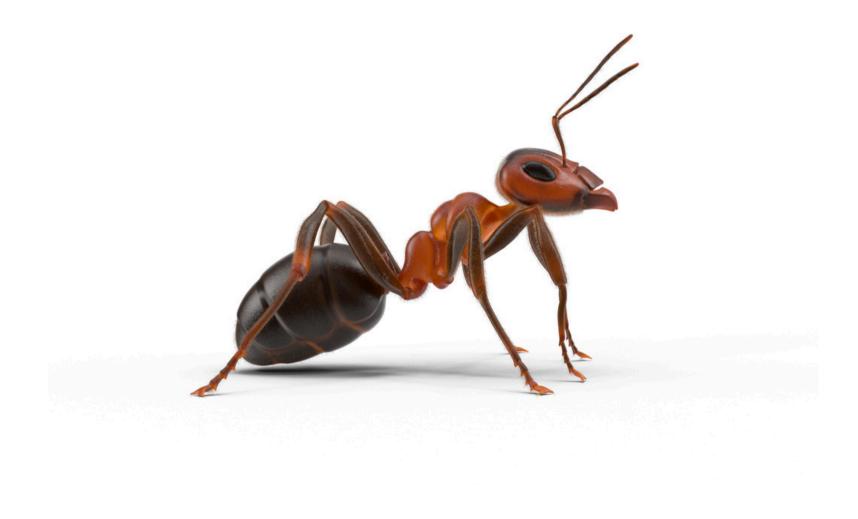


LOOKING AHEAD:

Lesson 2 includes the opportunity to learn about philanthropists by watching videos or interviewing a local philanthropist. If you choose to interview someone in person, a list of questions your students can ask are provided within Lesson 2 on the Project Heart website. You may also want to allow time before the next lesson for students to come up with questions of their own.

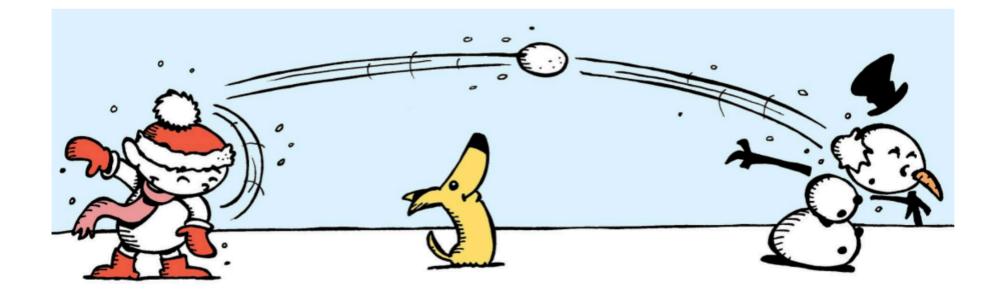






















PHIL-AN-THRO-PY

PHILANTHROPY





Learning Targets

• Students will be able to understand the role of a philanthropist in a community



<u>Time</u> 40 minutes

<u>Materials</u>

- On screen presentation available in PowerPoint and <u>Google Slides</u>
- This lesson introduces students to philanthropists. You can do this in one of two ways in your classroom:
- VIDEOS:
 - Provided in this lesson are a number of videos + bios sharing both youth philanthropists and adult philanthropists. Show any video you think your students will be inspired by.
- IN PERSON PHILANTHROPIST:
 - Reach out to a local philanthropist in your community this can be anyone who donates their time, talent or treasure to a cause they're passionate about.
 - Request a bio to share with your students.
 - Provide speaker with interview questions so they are prepared for what students might ask.
- Philanthropist interview question worksheets to record answers to questions.
- "I am a Philanthropist" student activity sheet to be printed from Project Heart website.



<u>Overview</u>

- Warm-Up 5 minutes Define the following terms: Philanthropist
- Lesson Includes 35 minutes
 - Students will spend time reviewing biographies of philanthropists either from videos they will watch or from a speaker that will visit their classroom.
 - Students will listen to a guest speaker or watch videos to find out why philanthropy became a part of the philanthropists' lives, their backgrounds, and other topics related to interview questions that students will review/prepare before the presentation.



Overview Cont.

- Students will take a "philanthropist inventory" to learn about some of the characteristics a philanthropist embodies, and if they have those same qualities, too.
- Exit 10 minutes Students discuss how these philanthropists gave their time, talent, and/or treasure for the greater good of the community.
 Students will think individually about how they can give their time, talent or treasure to the causes that were presented today.

Warm-Up:

LESSON 2 - WHO ARE PHILANTHROPISTS?	Tell the class that they are continuing on their journey to make a difference. Today, they will learn about people who have made a difference in their communities. They will find out how they gave their 3Ts, and how they got involved in different causes.
What is a philanthropist? pr.jecthcart pr.jecthcart model	Remind students that the word philanthropy means to give back by donating money, goods, services, time or effort to help a cause and creating a lasting impact. What do you think a philanthropist is?
What is a philanthropisi? A philanthropisi is someone who uses there time, togethere to someone or something in need. Description Description	A philanthropist is someone who uses their time, talent, and/or treasure to someone or something in need.

Learn About Philanthropists - VIDEOS

BEFORE THE VIDEOS Listen for key terms and big ideas Learn as much as you can from these philonthrapits Saek evidence of the 3 T's - time, talent, treasure 	Tell the students that they will now watch a few videos. In these videos, philanthropists share how they started giving back, what things they are passionate about, and how they use their 3Ts to make their community a better place.
<image/> <image/> <section-header><section-header><section-header><section-header><section-header><section-header><section-header><text><text><text></text></text></text></section-header></section-header></section-header></section-header></section-header></section-header></section-header>	Six videos + bios are provided on slides five and six, sharing six stories of giving back. Choose as many videos as you'd like!
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Learn About Philanthropists - IN PERSON SPEAKER

BEFORE THE VISIT • Sludents will be assigned questions • Laten for key terms and bjideas • Learn as much as you • Seek evidence of the 3ts	Take a few minutes to go over the expectations for the philanthropist interview. Share who will be visiting their classroom and decide who will be asking each question from either the interview question page provided on the Project Heart website, or the list of questions the class came up with.
is a local philanthropist What questions do you have for our guest?	Use this optional slide when your philanthropist is speaking

Activity: I am a Philanthropist

<section-header></section-header>	Tell the students that they will take some time to learn about different characteristics of a philanthropist. Some of these characteristic traits (or maybe all of them), they might notice describe the philanthropists in the videos or the speaker they had in their classroom.
	On the "I am a Philanthropist" worksheet, seven characteristics are displayed with descriptions beneath. Read through each characteristic as a class and have students determine if they think they too embody some of these same traits. If they do, have them circle the world. If the trait is something they would like to work on, have them put a star next to the word.
	On the back of the worksheet, have students write a few sentences about how they can give their 3Ts (time, talent or treasure) to someone in need in their community.

Conclusion:

Reflecting on the 31s	Call on a few students to summarize how the philanthropist(s) in the videos or the guest speaker used their 3Ts to give in the community.
projectificost .	Revisiting questions from Lesson 1: How is philanthropy more than money? How else do people give?
	Optional Extension Activity: Students can use their interview sheet to interview someone in their life or the community about how they give back.



Philanthropist Interview Questions

PHILANTHROPIST'S NAME:

When did you first become a philanthropist?	
What do you do as a philanthropist right now?	
What do you like about being a philanthropist?	
How do you feel when you give back to the community?	
What does philanthropy mean to you?	
What community issues are you most passionate about?	



I AM A PHILANTHROPIST CIRCLE THE WORDS THAT DESCRIBE YOU, UNDERLINE WORDS THAT

YOU WOULD LIKE TO WORK ON.

I AM A PHILANTHROPIST

CIRCLE THE WORDS THAT DESCRIBE YOU. UNDERLINE WORDS THAT YOU WOULD LIKE TO WORK ON.

LISTENER SOMEONE WHO LISTENS TO SOMEONE'S STORY WITH THE INTENT OF BETTER UNDERSTANDING HOW THEY CAN HELP

COMPASSIONATE

FEELING OR SHOWING CONCERN FOR SOMEONE

SELF-AWARE

THE UNDERSTANDING OF WHO YOU ARE AND WHAT YOU HAVE IN ORDER TO USE IT TO HELP SOMEONE IN NEED.

GENEROUS

HAPPY TO GIVE SOMETHING YOU HAVE (TIME, MONEY, FOOD OR KINDNESS) TO SOMEONE IN NEED.

LISTENER

SOMEONE WHO LISTENS TO SOMEONE'S STORY WITH THE INTENT OF BETTER UNDERSTANDING HOW THEY CAN HELP FEELING OR SHOWING CONCERN FOR SOMEONE

SELF-AWARE

THE UNDERSTANDING OF WHO YOU ARE AND WHAT YOU HAVE IN ORDER TO USE IT TO HELP SOMEONE IN NEED.

GENEROUS

HAPPY TO GIVE SOMETHING YOU HAVE (TIME, MONEY, FOOD OR KINDNESS) TO SOMEONE IN NEED.

DONATIONS

THOUGHTFUL

BEING CONSIDERATE AND AWARE OF THE FEELINGS OF OTHERS **KIND** LISTENING, FEELING, AND UNDERSTANDING

OTHERS' NEEDS AND TRYING TO HELP MEET THOSE NEEDS.

SELFLESS

THINKING LESS ABOUT YOURSELF AND MORE About others.

KIND LISTENING, FEELING, AND UNDERSTANDING

OTHERS' NEEDS AND TRYING TO HELP MEET THOSE NEEDS.

THOUGHTFUL

BEING CONSIDERATE AND AWARE OF THE FEELINGS OF OTHERS

> SELFLESS THINKING LESS ABOUT YOURSELF AND MORE

ABOUT OTHERS.

I AM A **PHILANTHROPIST** WRITE 2-3 SENTENCES ABOUT HOW YOU CAN GIVE YOUR TIME,

TALENT OR TREASURE TO SOMEONE IN NEED IN YOUR COMMUNITY.

I AM A

PHILANTHROPIST

WRITE 2-3 SENTENCES ABOUT HOW YOU CAN GIVE YOUR TIME, TALENT OR TREASURE TO SOMEONE IN NEED IN YOUR COMMUNITY.





projectheort LESSON THREE

WHAT ARE NONPROFITS + WHAT AM I PASSIONATE ABOUT?



Learning Targets

- Students will be able to explain how philanthropy affects them and their community
- Students will be able to identify personal passions
- Students will understand how to identify need in their community



<u>Time</u>

• 50-60 minutes - Can be broken into two 25-30 minute lessons if needed



<u>Materials</u>

- On screen presentation available in PowerPoint and <u>Google Slides</u>
- Nonprofit Research Activity Sheet found on the Project Heart website
- Mind Map Student Activity Sheet found on the Project Heart website
- We provide a completed mind map example in the slides, but you might want to complete one yourself!
- Device to research nonprofits can be done as a whole class using teacher computer + projection or student devices if access is available.
- OPTIONAL: Vocabulary Memory!



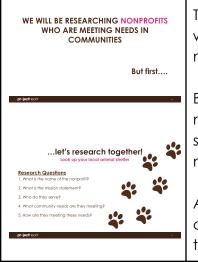
<u>Overview</u>

- Warm-Up 5 minutes Define the following terms: Nonprofit, volunteer and personal passions.
- Lesson Includes 40 minutes
 - Research nonprofit organizations to get a better understanding about what types of things students can give their 3Ts to (20 minutes).
 - Personal passion mind map activity (20 minutes).
- Exit 5 minutes
 - Inspire students to think of ways they can make a difference using their 3Ts and their personal passions.
- OPTIONAL: Play Vocabulary Memory!

Warm-Up Vocabulary:

Projectheart LESSON 3 - WHAT IS A NONPROFIT + WHAT AM I PASSIONATE ABOUT?	Tell the class that today they are going to start on a journey that will help them better understand what it means to give back to global and local communities.
What do you know about VOLUNTEER What day work with does work without attinger - A person who does work without getting point Strontrike Philamitheorist	What does it mean to volunteer ? A volunteer is a person who does work without getting paid.
What do you know about NONPROFISS? Brandell - An organization whose purpose something other than making a pull. Image: Comparison of the purpose something other than making a pull. Image: Comparison of the pull of the pul	Ask the students if they have heard of a nonprofit. A nonprofit is an organization whose purpose is something other than making a profit. Oftentimes we hear about businesses doing work to make money so that they can do things like expand, pay their employees more, create more products, etc. If a business didn't exist to make money, why else might they exist?

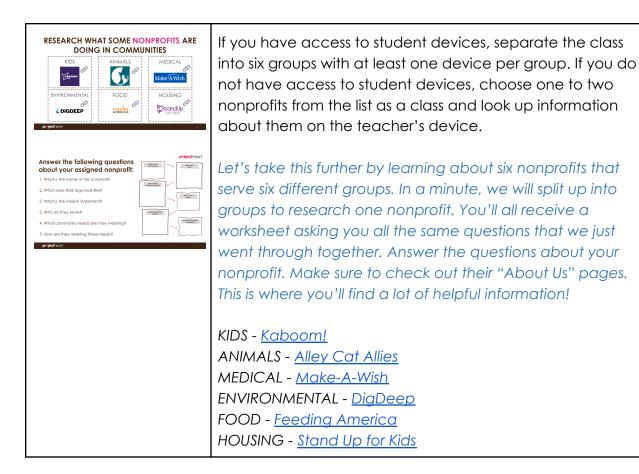
Lesson Activity One: Learn about nonprofits - 20 minutes



Tell the students that they will do an activity in a minute that will help them learn about nonprofits that help meet a need in communities.

Before they each get a nonprofit assignment, look up a nonprofit together! As a class, search for your local animal shelter. If you don't have one, look up a national animal nonprofit.

Answer the questions on the screen. These are the same questions students will answer in groups for the next part of the activity.



Lesson Activity Two: Identify your personal passions - 20 minutes

What do you know about PERSONAL PASSIONS? A persone position is a powerful or comparing emotion or feeling about a specific topic.	A personal passion is a powerful or compelling emotion or feeling about a specific topic. It's something that makes us really excited and happy. Something you cannot wait to do or tell someone about!		
Ask yourself these guestions • Mark you were a high the index were used • Water were index if the index were used • Water were index you can take to you mark • Water were index you can take to you mark • Water were index of each you can set • Water were were index of each you can set • Water were were index of each you can set • Water were were index of each you can set • Water were were index of each you can set • Water were were index of each you can set • Water were were index of each you can set • Water were were were were were were were w	 In order to help us figure out what our personal passions are, we might ask ourselves a few questions: 1. What if you were a superhero and your superpower was to fight things that were unfair. What unfairness would you solve first? 2. What if you had an extra hour in your day? What would you spend it doing? 3. What is one thing you can talk to your friends about without getting bored? 		

	4. What if you could create your own class or club at school? What would it be?
	Personal passions might be animals, drawing, helping kids feel included, being outside, etc.
<section-header><section-header><section-header><section-header><section-header><section-header><text><text><text></text></text></text></section-header></section-header></section-header></section-header></section-header></section-header>	Let's learn about two more groups of student philanthropists. While we're watching make sure to think about what these students might have been passionate about to choose to work on a project like this.
What were some of the personal passions of the students in these stories?	What do you think the students at both Dunn IB World School and Carrie Martin Elementary were passionate about?
projectivost .	Animals, helping people, kids, etc.
What about YOU? What are you passionate about helping?	Now let's think about the things YOU are passionate about, and how YOU can make a difference.
Let's MIND MAP! WHAT is a MIND MAP? A mind map can be used to help you visually organize information 1. Write your name in the center cicle 2. Write down four of your personal possions and put them in the cicles that the map can be used to help center cicle. Write do you care a lot about? 3. Think, up ways that you could file a need or give back to your community for each passion using your 31s 4. Don't forget to illustrate! Make this yourg! Get creative! w deshoot	A mind map is a tool that you can use to help you organize information. Today, we are going to each make our own mind map to organize things we care a lot about (our personal passions) and how we can make a difference around the things we're passionate about.
	This will be our mind map template. Each of you will receive a blank mind map to make your own.
projection	In the center circle, write your name - maybe you even draw a self portrait! In the four circles branching off from the center circle, write in four things you're passionate about. Remember, our passions are the things that we love. It's like having a special spark inside you that lights up when you're doing what you love.
priject cort .	The three smaller circles that branch off of the things you're passionate about provide space for you to note how you

	can make a difference around those passions.
	For example, if you were passionate about drawing, maybe you could draw pictures and give them to a senior center in your community to make residents there happy. Or maybe you could sell your drawings and donate the money you make to your local animal shelter to help animals in need.
	If you were passionate about being outside, maybe you spend some time on a Saturday walking around your neighborhood picking up any trash you see. Maybe you write fun messages with chalk around your neighborhood or a park to make people smile.
	The most important thing is to make this unique to YOU. Color it, draw pictures, write helpful noteswhatever you want to include!
You can always write in more thoughts! What are some next steps you can take to help you fill that need?	If you have time, feel free to add in any additional thoughts or bubbles you need to complete your mind map. If you said you were passionate about nature and want to go clean up your local park, which park will you clean? What will you need? Gloves, trash bags, etc.

Conclusion:

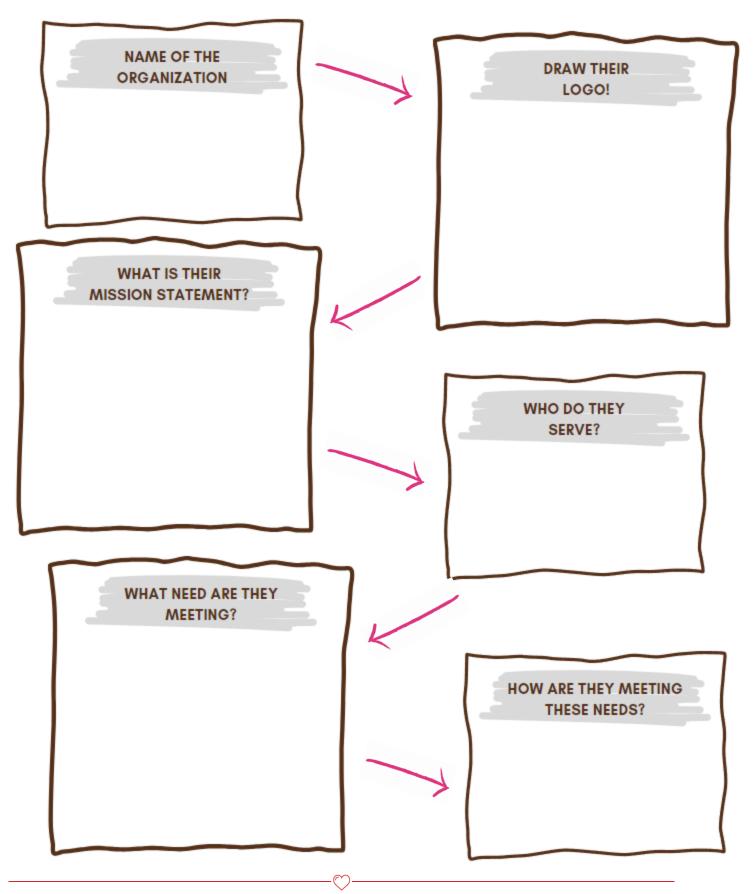
PHILANTHROPY - WHAT WILL YOU DO?	By using our 3Ts to make a difference, we're practicing philanthropy. Never forget how the skills you have and the things that you love can help you change the world.
LET'S PLAY MEMORY! Difference 3. Objects of most advanced with the control definition 4. Objects of most the cord covering two of the sources to see it van 5. Objects of most the cord covering two of the sources to see it van 6. Objects of most the cord covering two of the sources to see it van 6. Objects of the cord and the the cords of the sources of the ford 6. Objects of the cords of the cords of the sources of the ford 6. Objects of the cords of the cords of the cords of the cords 6. Objects of the cords of the cords of the cords of the cords 6. Objects of the cords of the cords of the cords of the cords 6. Objects of the cords of the cords of the cords of the cords 6. Objects of the cords of the cords of the cords of the cords of the cords 6. Objects of the cords of th	OPTIONAL: Play Vocabulary Memory! You can do this by downloading the PowerPoint file from our website within the Lesson 3 resources, or access it through Google Slides and make a copy of the presentation.

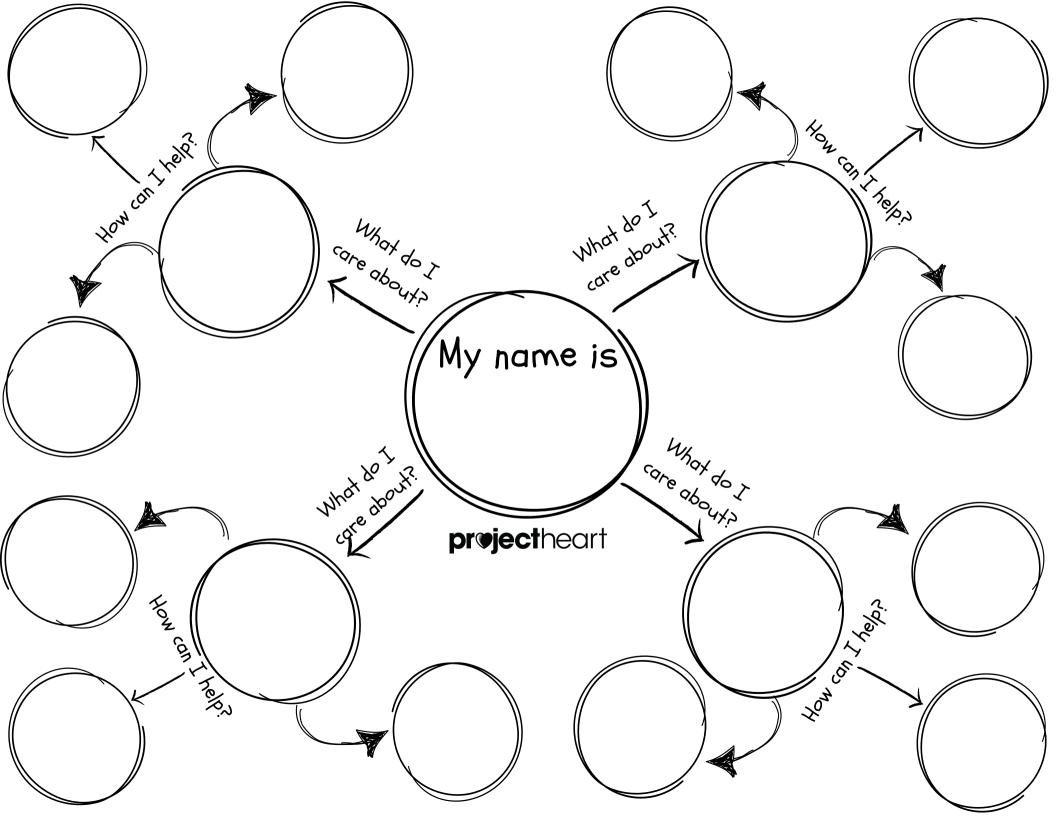
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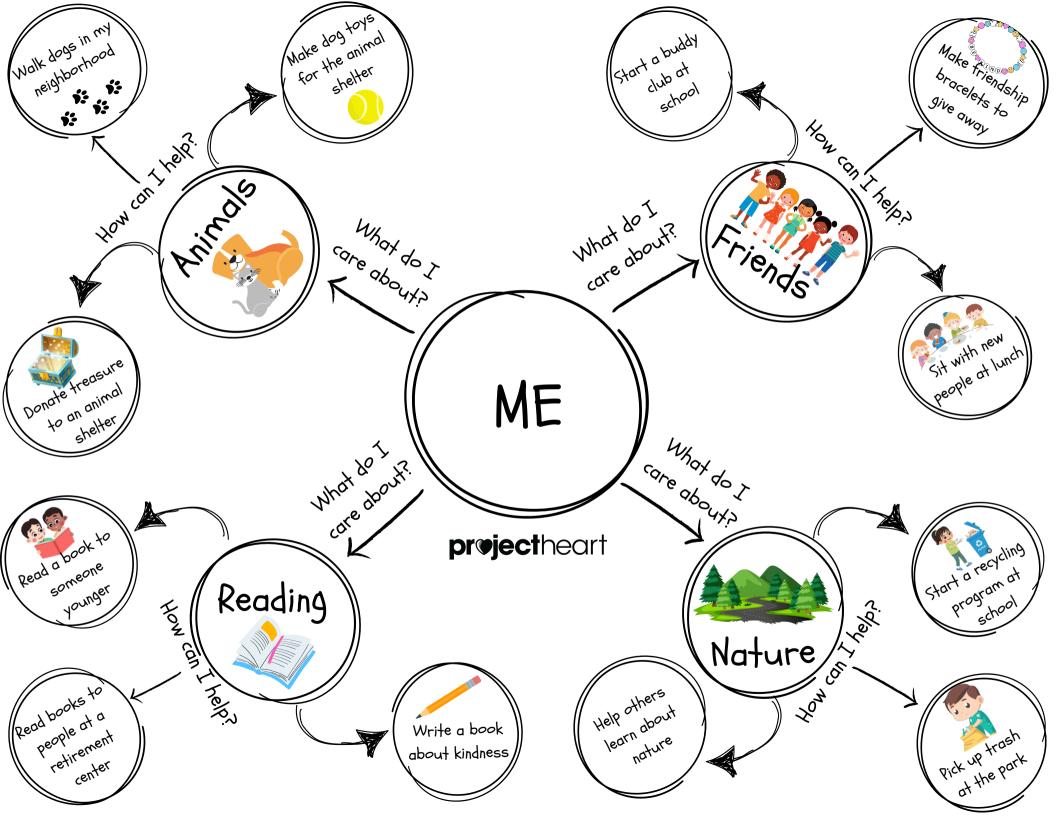
LOOKING AHEAD:

Lesson 4 introduces students to mission statements. Consider asking your students to go home and write down one mission statement before your next Project Heart lesson - it could be the mission statement of somewhere their parent/guardian works, a local university, their favorite business, etc.













Learning Targets

• Students will create philanthropic mission statements



<u>Time</u>

• 50-60 minutes - Can be broken into two 25-30 minute lessons if needed



<u>Materials</u>

- On screen presentation available in PowerPoint and <u>Google Slides</u>.
- My Personal Mission Statement activity page found on the Project Heart website.
- My Little Book for Philanthropy activity page found on the Project Heart website.
- Optional take home activity Our Family Mission Statement activity found on the Project Heart website.



<u>Overview</u>

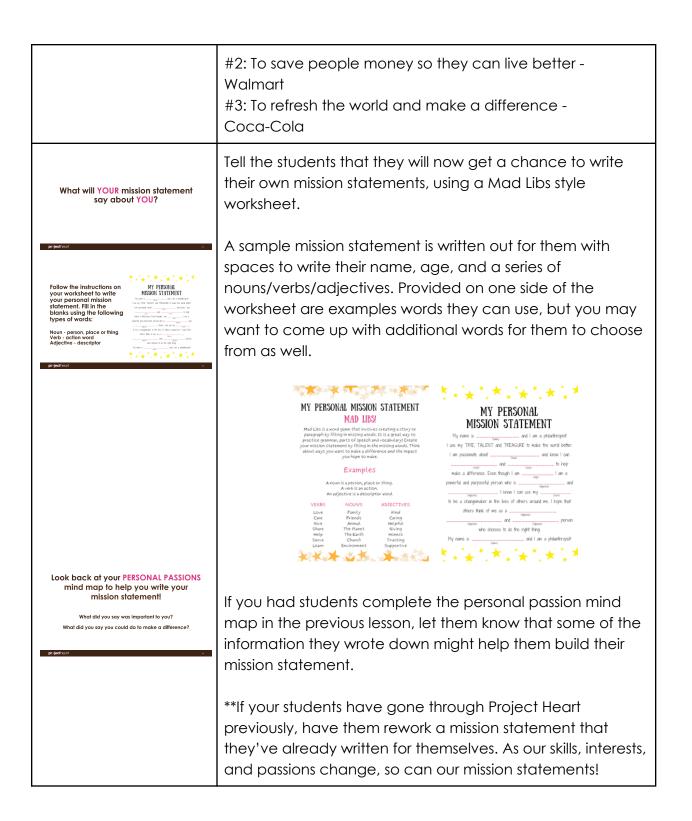
- Warm-Up 5 minutes Define the following terms: mission statement
- Lesson Includes 40 minutes -
 - My Personal Mission Statement (20 minutes)
 - My Little Book of Philanthropy (20 minutes)
- Exit 5 minutes Recap what a mission statement is, and display The OtterCares Foundation mission statement.
- Optional take home activity Our Family Mission Statement.

Warm-Up Vocabulary:

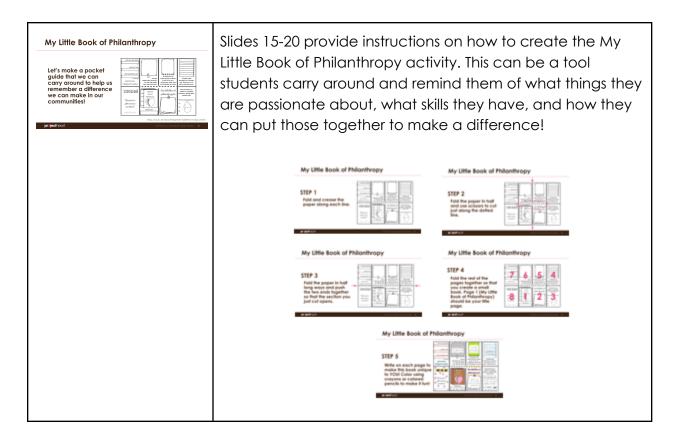
LESSON 4 - WHAT IS A MISSION STATEMENT?	
"IT DOESN'T MATTER HOW FAST YOU ARE GOING IF YOU'RE HEADING IN THE WRONG DIECONY .arware R. Cover .arware R. Co	"It doesn't matter how fast you are are going if you're heading in the wrong direction" What does this quote mean to you?
What is a mission statement?	Ask the students what a mission statement is. A mission statement is a description of the purpose of a group or organization. It is a reason for existing.
A mission statement is a description of the purpose of a group or organization, or easion for existing.	If you completed the previous lesson: All of the nonprofits that you researched in an earlier lesson have mission statements. The Alley Cat Allies mission is to transform and develop communities to protect and improve the lives of cats.
	The Make-A-Wish mission statement is to create life-changing wishes for children with critical illnesses. If you had students write down a mission statement that they found of a parent/guardian's place of work, their favorite business, etc., have them share it now.

Lesson Activity One: Write a personal mission statement - 20 minutes

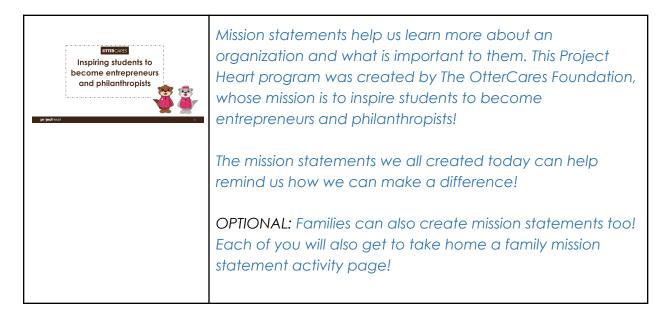
Who's mission statement do you think this is?	Display the three company mission statements on the screen and let students guess which company each one belongs to.
prijednost .	#1: To be the best sports brand in the world - Adidas



Lesson Activity Two: My Little Book of Philanthropy - 20 minutes



Conclusion:



Our Pamily Mission Statement MAD LIBS!	Our Family Mission Statement
Mad Like is such game that involves creating a story or paragraph by filling in missing words. It is a yeat way to proteic grammur, parts of speech and vocabulary! Oreate your family insison statement by filling in the missing words by shaling turns takking about how your family's mission statement should sound and feet. Examples A noun is a person, place or thing. A reh is an action. A najective is a descriptor word.	We are the
VERBS NOUNS ADJECTIVES Love Pamily Kind Care Pinnis Curing Give Animal Helpful Share The Funct Guing Help The Earth Honest Serve Church Trutting Learn Environment Supportive	hurting, we ask if they are ok and help if we can. We say sorry when we make a mistake. We hope that others think of us as

MY PERSONAL MISSION STATEMENT MAD LIBS!

Mad Libs is a word game that involves creating a story or paragraph by filling in missing words. It is a great way to practice grammar, parts of speech and vocabulary! Create your mission statement by filling in the missing words. Think about ways you want to make a difference and the impact you hope to make.

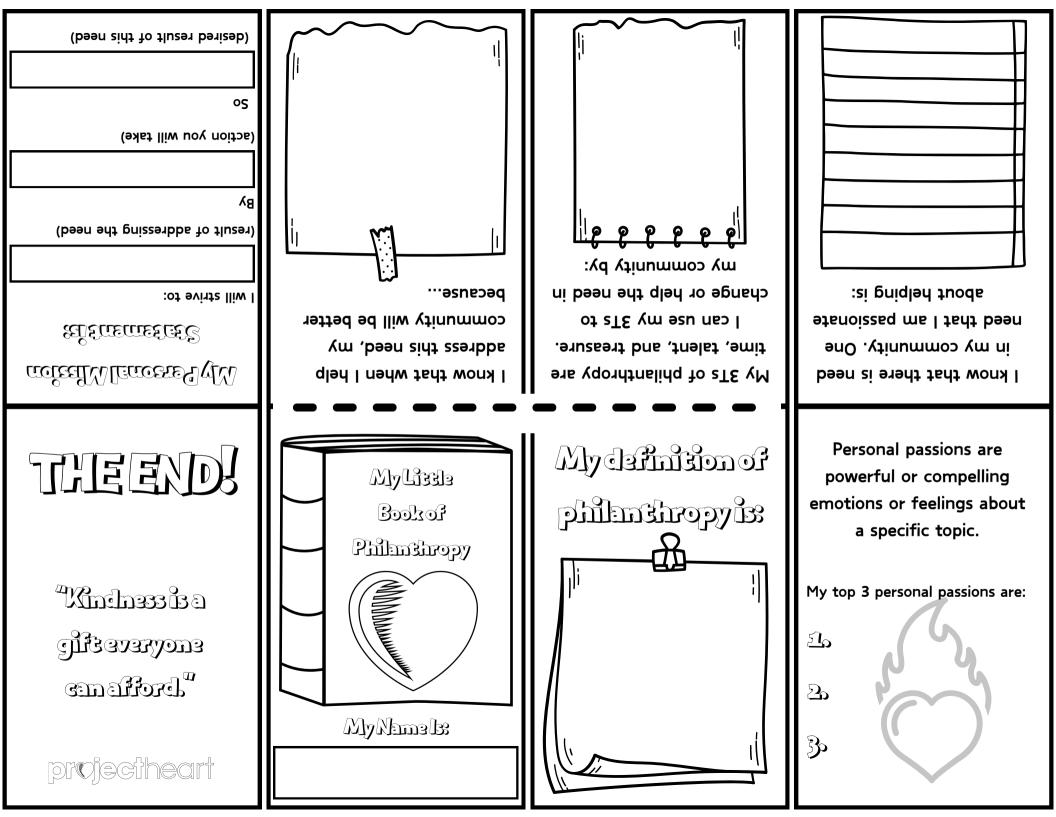
Examples

A noun is a person, place or thing. A verb is an action. An adjective is a descriptor word.

VERBS	NOUNS	ADJECTIVES
Love	Family	Kind
Care	Friends	Caring
Give	Animal	Helpful
Share	The Planet	Giving
Help	The Earth	Honest
Serve	Church	Trusting
Learn	Environment	Supportive

MY PERSONAL MISSION STATEMENT

My name is(Name)	and I am a philanthropist!
I use my TIME, TALENT and	TREASURE to make the world better.
l am passionate about	and know I can
(Verb)	nd to help
	ough I am, I am a
powerful and purposeful person	who is and (Adjective)
(Adjective)	know I can use my
others think of me as	α, (Adjective)
(Adjective)	and person (Adjective)
who chooses	to do the right thing.
My name is(Name)	and I am a philanthropist!



Our Family Mission Statement MAD LIBS!

Mad Libs is a word game that involves creating a story or paragraph by filling in missing words. It is a great way to practice grammar, parts of speech and vocabulary! Create your family mission statement by filling in the missing words by taking turns talking about how your family's mission statement should sound and feel.

Examples

A noun is a person, place or thing. A verb is an action. An adjective is a descriptor word.

VERBS

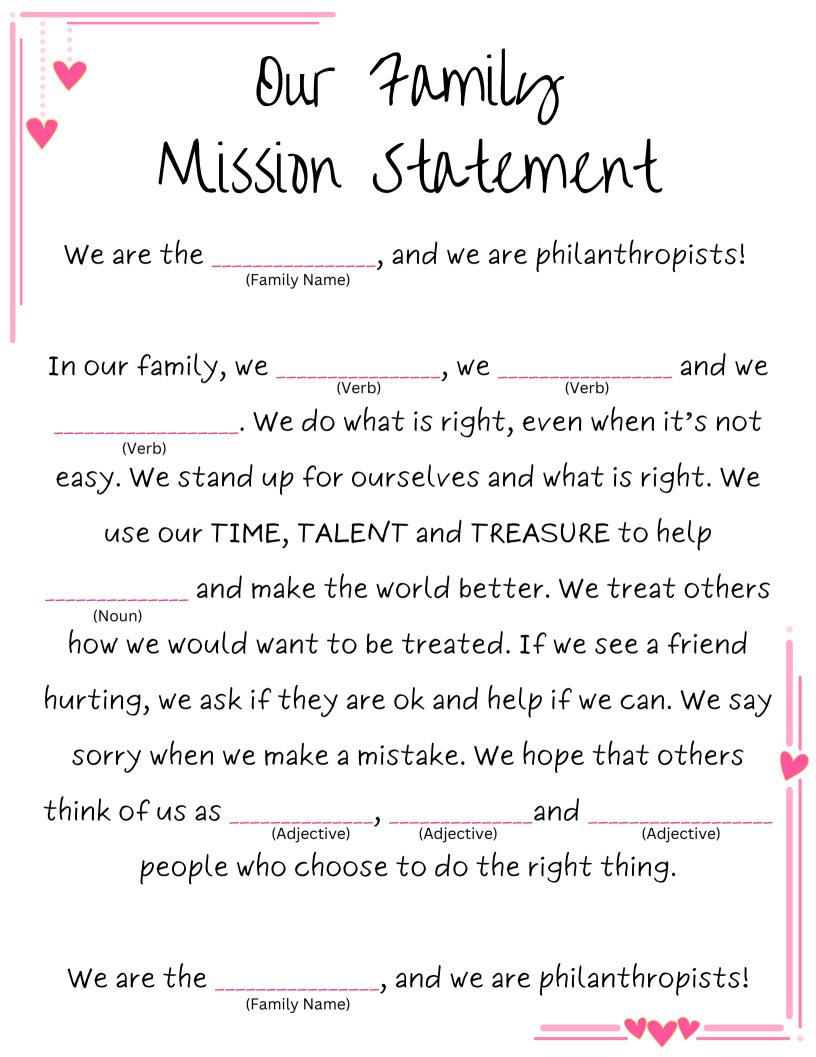
Love Care Give Share Help Serve Learn

NOUNS

Family Friends Animal The Planet The Earth Church Environment

ADJECTIVES

Kind Caring Helpful Giving Honest Trusting Supportive







Learning Targets

• Students will create philanthropic mission statements



<u>Time</u>

• 50 minutes - Can be broken into two 25 minute lessons if needed



<u>Materials</u>

- On screen presentation available in PowerPoint and Google Slides
- Paper acorn cut outs
- "What's in Our Project Heart" poster
- Optional:
- Project Ideas page on Project Heart website
- Blank slide template to create your own nonprofit list



<u>Overview</u>

- Warm-Up 5 minutes Review the following term: Nonprofit.
- Lesson Includes 40 minutes –Select a nonprofit to create a service project for
 - PART 1: Choose a category
 - PART 2: Choose a nonprofit
- Exit 5 minutes
 - Jump on your chosen nonprofit's website to get the students excited!



Looking Ahead:

 A great way for students to connect with their cause is to do an informational interview with a representative from their nonprofit, or someone in the community who supports the cause they are working towards. If you choose to do an informational interview, have students write one question they'd like to ask in the interview.

Warm-Up:

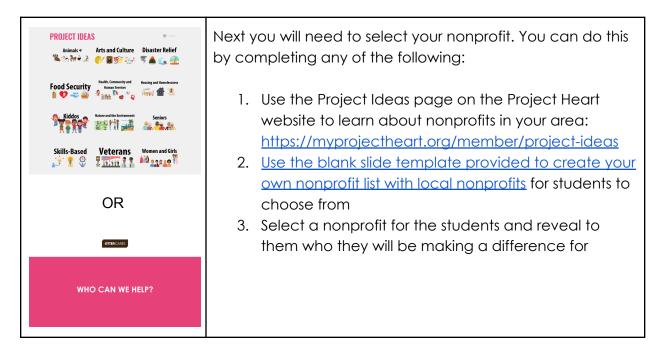
prejectheart LESSON 5 - WHO CAN WE HELP?	Tell the class that today they are going to take the first step in planning a service project.
What is a NONPROFIT? projectheart	Ask students who can review the definition of nonprofit with the class.
What is a NONPROFIS	A nonprofit is an organization whose purpose is something other than making a profit. It would be like if you and your friends started a club and you spent time working together to do really helpful things for people in your community, and you didn't make any money or profit from it - you worked as hard as you did because you were making a difference. All of the money you earn goes back into the work you're doing!

Lesson Activity One: Select a nonprofit for your service project PART 1 - 20 minutes

Tell the students that today they are going to work together to start planning a service project, where they will eventually choose one nonprofit to help.
First, we will need to decide <u>who</u> we want to help and then we'll decide <u>how</u> we want to help.
Ask students to think back to their personal passions, or the things that are really important to them.
We have many things we're passionate about, and the community has many needs that need to be filled. When we put our passions together with empathy (understanding how someone feels), we end up with purpose.

I WANT TO HELP ANIMALS PEOPLE WITH DISABILITIES OUR SCHOOL THE ENVIRONMENT HOUSING NEEDS FOOD INSECURITY	Each student will get one paper acorn to cut out and write one thing that they would like to help. Share with them that the slide on screen can help them. Students will select a need from the list to put on their acorn. Once they've decided one thing they're passionate about helping, they will come tape their acorn to the "What's in Our Project Heart?" poster at the front of the classroom.
	Tally up the acorns and share how many students wrote down each cause.
	**You are welcome to have as many projects running in your classroom as you'd like. Continue to the directions below if you'd like to narrow down the number of projects.
	Identify the class's top two to three causes and hold a formal vote to see which category you will proceed to create a service project for.

Lesson Activity Two: Select a nonprofit for your service project PART 2 - 20 minutes



Conclusion:

WE ARE PHILANTHROPISTS!!	We have completed our first step to creating a service project. WE ARE PHILANTHROPISTS!
	The next step in our journey will be to find out how we can help <u>(nonprofit name)</u> .
	OPTIONAL: Jump on your chosen nonprofit's website to get the students excited!
	OPTIONAL: Reach out to your selected nonprofit to set up an informational interview - either in-peron or virtually OR set up a time for a field trip to your nonprofit. The Illumination Fund can help reimburse transportation costs up to \$500. Have each student come up with one question they'd like to ask to learn more about the organization and what they can do to help.

READY TO GO SERVICE KITS COMING EARLY 2025

SERVICE PROJECT TOOLKIT

LETTER TO PARENTS - ENGLISH

Dear Parent/Guardians,

We have the opportunity to participate in the Project Heart program this year. Project Heart is an innovative educational tool that encourages a habit of giving and creates awareness in children of need in their community by introducing them to philanthropy. Anyone can be a philanthropist because we all have 3Ts – time, talent, and treasure. Project Heart teaches participants to use their individual 3Ts to identify needs and support causes they are passionate about. This program aims to have a positive effect on students' lives and our community in which we all live. Visit https://myprojectheart.org to learn more.

During the final few weeks, students will complete a special project where they will be putting the concepts they have learned into action. This project may take the form of an event to spread awareness of a cause, a drive to collect items, or creating something to donate. Regardless of the project outcome, students will have voice and choice throughout the process and will actively help fill needs within our community.

Project Heart was created by the OtterCares Foundation <u>https://www.ottercares.org</u>, which is the charitable partner of Otter Products. We are fortunate to have this program available at no cost to our school, and I am eager to have our students participate in this unique and important learning opportunity. If you have any questions, please feel free to contact me at:

OR

(phone)

(email)

Sincerely,

LETTER TO PARENTS - SPANISH

Estimados padres/guardianes,

Tenemosla oportunidad de participar en el programa Project Heart. El programa Project Heart es una herramienta educativa innovadora que fomenta el hábito de dar y crea conciencia en los niños al introducirlos en la filantropía. Cualquiera puede ser filántropo porque todos tenemos las 3T: tiempo, talento y tesoro.

Project Heart enseña a los participantes a utilizar sus 3T individuales para identificar necesidades y apoyar causas que les apasionan. Este programa tiene como objetivo tener un efecto positivo en la vida de los estudiantes y en nuestra comunidad en la que todos vivimos. Visite <u>https://myprojectheart.org/</u> para obtener más información.

Durante las últimas semanas, los estudiantes completarán un proyecto especial en el que pondrán en práctica los conceptos que han aprendido. Este proyecto puede tomar la forma de un evento para crear conciencia sobre una causa, una campaña para recolectar artículos o crear algo para donar. Independientemente del resultado del proyecto, los estudiantes tendrán voz y elección durante todo el proceso y ayudarán activamente a satisfacer las necesidades dentro de nuestra comunidad.

Project Heart fue creado por la Fundación OtterCares <u>https://www.ottercares.org</u>, que es el socio benéfico de Otter Products. Somos afortunados de tener este programa disponible sin costo para nuestro sitio y estoy ansioso de que nuestros estudiantes participen en esta oportunidad de aprendizaje única e importante.

Si tiene alguna pregunta, no dude en ponerse en contacto conmigo en:

Número de teléfono ______ o correo electrónico a

Atentamente,

DONATION REQUEST: IN-PERSON DROP OFF OR PHONE SCRIPT

Hello! My name is/our names are	. We are in
grade at school. We	e are on a mission to
f	or
(need the nonprofit has)	(name of nonprofit)
To help, we are going to	so that we
(describe your s	service project)
can	We are hoping you can
(outcome of your project)	
help by donating	
Do you have any questions for us about our pro	oject?
We would love for you to be a part of our proje	ect. Do you think you'll be able to help
USŚ	
***IF THEY SAY THEY CAN DONATE:	
WHEN can we pick up your donation?	
WHO should we ask to speak with when we co	me?
WHERE is the best place to pick it up?	
Thank you for listening to our request! We appre	eciate your time!
***IF THEY CANNOT HELP BY DONATING:	

That's no problem at all. Thank you for listening!

DONATION REQUEST: EMAIL SCRIPT

SUBJECT: Donation request from stud	dents at	School.
Hello! My name is/our names are		We are in
grade atsc	hool. We are on a mission	to help
for		To help, we
(need the nonprofit has)	(name of nonprofit)	
are going to		so that we
(descr	ibe your service project)	
can		We are hoping you can
(outcome of your proje	ect)	
help by donating	Please	e email our teacher
(item)		
to (teacher name and email)	let us know it you are able	to help us!
Thank you,		
YOUR NAMES		
ANNOUNCEMENT SCRIPT		
Hello students and staff at	Scho	ol. My name is/our
names are	Our class/grade has be	en working hard to
for	k	ру
(end goal of project)	(name of nonprofit)	(description of project)
We hope that you can all help us by		
	(what people can do to	get involved)

LETTER TO THE PRINCIPAL

Dear	/
Our team () a (names)	re in's class and we are (teacher's name)
()	(
planning a	
(short description of project) (nonprofit name)
Our philanthropic mission is to help	
	(need the nonprofit has)
We were hoping to hold our	atSchool on
(sch	nool name)
(time and place)	
At our, we will	
(type of project)	(description of what will happen)
Here is our timeline:	
*Write in details like when you'll have me	aterials ready by, if you will have a guest
speaker come to your event, who will le	ad the event etc **
Our team is asking for your permission to	hold our
	(type of project)
at on	
	(date)
Sincerely, (YOUR NAMES)	

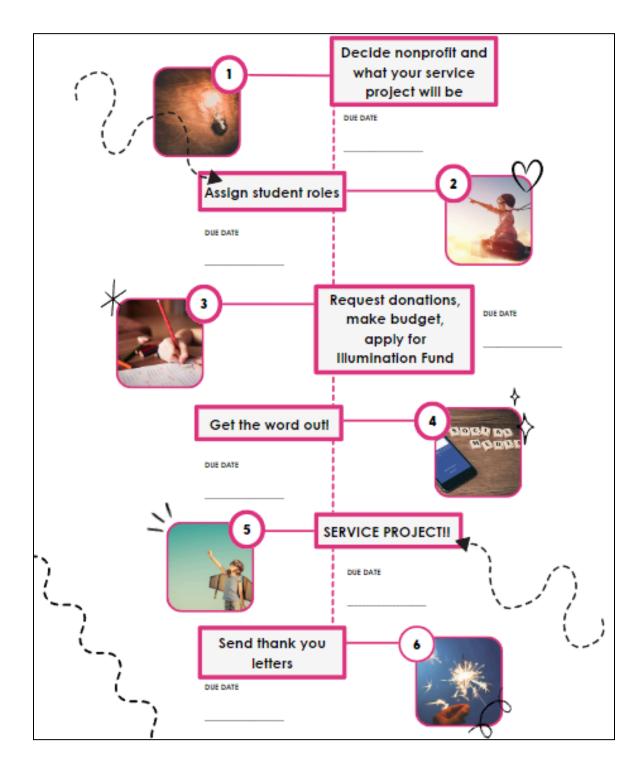
SAMPLE BUDGET

USE THIS SPACE TO NOTE ALL OF THE MATERIALS NEEDED TO ENSURE A SUCCESSFUL SERVICE PROJECT.

**DON'T FORGET ABOUT OUR ILLUMINATION FUND THAT CAN HELP COVER UP TO \$500 IN MATERIAL COSTS FOR YOUR PROJECT! LEARN MORE ABOUT OUR ILLUMINATION FUND AT https://myprojectheart.org/illumination-fund

Description of Expense	Cost	Total
10 kids backpacks	\$50	\$50
10 kids coloring books	\$20	\$70
10 packs of colored pencils	\$15	\$85

SAMPLE TIMELINE



QUESTIONS FOR THE BOOK COMING EARLY 2025