

Lesson 1 – Philanthropy and the 3Ts

End in Mind



- Students learn to build their own Project Heart, know the meaning of philanthropy, and feel what giving looks like in their lives. Students will work together as a group to meet a need or needs for their school site, neighborhood or greater community.
- Standards Addressed – [CASEL Core Competencies](#) sub-categories of Perspective-taking, Empathy, Communication, Social engagement, Teamwork, Recognizing strengths, Goal setting, Organizational skills, Identifying and Solving problems.

Time Commitment



- Each lesson is designed to take about 20-30 minutes, once per week for 8-10 weeks. During Lessons 5 and 6, students will choose a service project. Depending on the scope of the project, students will likely request additional days each week to do the project.

Timeline Overview

- **Lesson 1 – Philanthropy and the 3Ts**
- Lesson 2 – See it to be it!
- Lesson 3 – Community Before Self
- Lesson 4 – Discovering Needs
- Lesson 5 – Design a Service Project
- Lesson 6 – Set Goals and Make a Plan
- Lesson 7 – Use Your 3Ts to Make a Difference
- Lesson 8 – Use Your 3Ts to Help Your Team Finish the Project
- Lesson 9 – Celebrate Growing to Give!

Appendices and Resources



[Appendix A](#) – Facilitator Kit; [Appendix B](#) – Games and Activities; [Appendix C](#) – Guest Speakers; [Appendix D](#) – Brainstorming Ideas and Financial Concerns; [Appendix E](#) – Letter Home, Rubric, and Planners, [List of Project Ideas and Nonprofit List](#)



Lesson 1: I am a philanthropist because I have 3Ts

Outcomes



- Students will be able to define philanthropy in their own words.
- Students will reflect on the meaning of philanthropy including identifying their 3Ts.
- Students will build empathy when required to create a “gift” for a group member.
- Students will engage in conversation about gifting and why it is important to help others.

Materials Needed



- Book: [What is Given from the Heart](#) (See [Appendix A](#) for book list)
- [Project Heart cards](#)
- Pencils, crayons, colored pencils

Vocabulary Keywords



- Philanthropist
- Philanthropy
- 3Ts – time, talent and treasure

Connect



5-10 Minutes

- Play an icebreaker or name game. Icebreakers can be found in [Appendix B](#) and can be played before, during or after any of the lessons. Practicing names and greetings is a great way to build confidence and empathy.



5 Minutes

Tell the students that they will be starting Project Heart today!

- *We are going to be learning a lot about the word philanthropy. Philanthropy means to give something to someone in need.*
 - **Optional Activity** – Print the ‘Intro to Philanthropy’ cards linked in Lesson 1. Have students practice saying the word philanthropy. Give one chunk of the word to student volunteers and ask them to put the word in the correct cord.
- *A philanthropist is someone who uses their 3Ts to give back and help others. Everyone has 3Ts to give. Our 3Ts are time, talent and treasure. Let’s look at each of these more closely.*
- *When we think of time, what is one way that we can give our time to someone today? Maybe we could sit by someone new to our school at lunch. Maybe we can ask someone at recess that doesn’t have anyone to play with to join our group of friends!*
- *Talent is something that you do really well. What are some of your talents? How can some of your talents help someone? Are you really good at making friendship bracelets? Can you make some friendship bracelets for people at school? Do you like to color? Could you make some a card for someone in your family and share with them why they are special to you? Are you good at reading? Maybe you could sit with someone younger than you to help them learn how to read.*



- *What do you think of when you hear the word treasure? When we think about giving to someone in need, treasure can be us giving somebody something that they need or don't already have. For example, if we had a winter coat at home that didn't fit us anymore, maybe we could give it to someone who doesn't own a coat to help them stay warm.*

Engage



10-15 Minutes

- In the whole group setting, prepare for the read aloud. Choose a book from our book list – we recommend [What is Given from the Heart](#).
 - *You all had really great ideas about what you use your 3Ts for earlier, and I want you to keep thinking about our 3Ts as I read this story about a young philanthropist. The main character, a young boy named James Otis, has to figure out how to use at least one of his 3Ts to help a friend in need.*
- Read aloud [What is Given from the Heart](#) by Patricia C. McKissak



5-7 Minutes

- Explain activity to students.
 - *Now you are going to have the chance to create a treasure for someone in our class. [You will each receive a card](#). You will take some time to color the front of the card, and then write something sincere and kind to your partner on the back. You will only have 5 minutes and you must create something meaningful for the other person by writing and drawing on both sides of the card. If you want to focus on your drawings, write at least one kind word to put on the back. Don't forget to write your name on the back so that they know who the card is from!*
 - *Before we begin, what are some examples could be of kind things you could write on your card?*
 - ***The most important outcome is that students are using their TIME and TALENTS to create a TREASURE (or gift) for someone in the class!*



3-5 Minutes

- As students are wrapping up with their “gifts”, explain:
 - *Now I am going to give you 1 minute each to share what you created. Talk to your partner about what you wrote and drew for them and why it is meaningful.*
 - *Once the time is up, ask the class how they felt when they received their card and got to hear or read the nice things their partner wrote.*

Leave Changed



3-5 Minutes

- Reassemble the class
- Prompt students



- *You all just used your 3Ts! You spent your TIME to create a message using your TALENTS to write or draw. You then were able to gift that as a TREASURE to someone else.*
- *Consider affirming together “I can use my 3Ts to give back and make an impact, so I am a philanthropist.”*
- **Optional Additional Activity:** linked in the Lesson 1 resources are additional coloring worksheets. You can have students color in the time, talent, treasure page, write something that is in their heart that they care about, or color in the “Where can I give?” page.

